

BASKETBALL RULES SUMMARY

Rule: 9 Violations and Penalties

There are three types of violations: floor, basket interference @ opponent's basket and FT violations

1. Free Throw Violations

a. Things that are required for free throws:

- i) Try attempted from within the free throw semi-circle and behind the free throw line.
- ii) Must be attempted within 10 seconds of the ball being made available.
- iii) The throw ball must enter the basket or touch the ring or a violation occurs.
- iv) If lane spaces are to be occupied, the first two lane spaces must be occupied by opponents of the free throw shooter.

b. Things that cannot be done during a free throw (thus a violation)

- a) The free thrower shall not fake a free throw.
- b) No player in a marked lane space shall fake entering the lane.
- c) An opponent of the free thrower shall not disconcert the free thrower.
- d) A player that is not on the lane shall be behind the free throw line extended and behind the 3-point semi-circle.
- e) Players occupying a lane space or the free thrower may not have a foot break the plane of the restrictive lane line until the thrown ball touches the ring or backboard.

c. If the violation is by the shooting team, it is penalized immediately and no points are scored.

d. If the violation is by the non-shooting team, it is a delayed violation. Points can be scored and if the attempt is unsuccessful, then re-shoot the free throw.

e. If there is a simultaneous violation by both teams, use AP Arrow to determine possession.

f. If the offense violates first there can be no violation by the defense.

g. If the defense violates first, the only possible violations by the offense is if the foul shooter misses the ring or backboard and no disconcertion has occurred or an offensive player behind the arc breaks that plane prior to the free throw hitting the ring or backboard.

2. Throw-In Violations

a. Things that cannot be done:

- i) On a designated spot throw in the thrower may not leave this spot.
- ii) A thrown ball cannot be touched by a teammate while the ball is over the out of bounds area.
- iii) The thrower may not hand the ball to a teammate.
- iv) The thrower cannot consume > 5 sec before releasing the ball onto the court.
- v) The thrower may not step onto the court area while still in possession of the ball.
- vi) The thrower shall not be the first player to touch the thrown ball inbounds.
- vii) The thrown ball cannot enter the basket nor lodge between the backboard and ring.
- viii) Once designated the thrower cannot be replaced by a teammate
- ix) On a spot throw in, a teammate of the thrower may not be out of bounds.
- x) A thrown ball must be touched by a player inbounds before it goes out of bounds.
- xi) Throw a bounce pass that touches out of bounds before it is touched by a player.
- xii) An opponent of the thrower cannot have any part of their person on the out of bounds side of the throw in plane until the ball has been released. They cannot touch a thrown ball along the out of bound side on the end line after a goal or awarded goal.
 - 1) For reaching through the plane the defensive team is given a warning (1st time)
 - 2) For reaching through the plane a second time the defensive team is assessed a team technical foul that is not directly charged to a player.
 - 3) If a defensive player reaches through the boundary plane and touches the ball it is a technical foul on that player and also a team warning. No first warning is given.

4) If a defensive player reaches through the boundary plane and touches the thrower, it is an intentional foul on that player and also a team warning. No first warning is given.

b. Unusual Things that can be done:

- i) The thrower can throw the ball off of either backboard.
- ii) The thrower can throw the ball off of an opponent and once he has established himself inbounds he can in fact touch the ball.
- iii) The defensive team can touch or catch a thrown ball on the out of bounds side of the throw in boundary area.
- iv) When a team has the run of the end line, a teammate can be out of bounds with the thrower.
- v) A thrower can dribble the ball while out of bounds.
- vi) A thrower can move one or both feet during a throw in. One cannot travel during a throw in.

3. Floor Violations

a. Things that cannot be done:

- i) A player cannot go out of bounds for an unauthorized reason nor cause the ball to go out.
- ii) A player cannot travel with the ball.
- iii) A player cannot intentionally kick the ball nor strike the ball with a fist.
- iv) A player cannot dribble a second time unless he has lost control due to:
 - 1) A try for goal
 - 2) A bat by an opponent
 - 3) A pass or fumble that is touched by another player
- v) Three Seconds in the lane: Be proactive here-- try to get the offending player out of the lane. If nothing is happening, don't call this. If a player is in the lane without the ball, just standing there and has a foot on or within the lane, leave it alone. Once the ball is passed into this sleeping player, call the violation. By definition: An offensive player may not be in the lane for more than three seconds while the ball is in team possession in their frontcourt. If the player with the ball has been in the lane for less than three seconds and he starts a dribble or start to attempt a goal, withhold your whistle.
- vi) A team cannot be in control of the ball within their backcourt area for 10 seconds.
- vii) Backcourt
 - 1) A player of the offense cannot be the first to touch a ball that was in team control in his front court if he is now in his backcourt.
 - 2) A player cannot cause the ball to go from backcourt to the front court and then return to the backcourt and he or a teammate be the first to touch the ball.
- viii) A player in his front court shall not be in a closely guarded situation for five seconds.
 - 1) A closely guarded counted is not started on an interrupted dribble.
 - 2) A closely guarded counted is terminated on an interrupted dribble.
- ix) Basket Interference- Points are awarded if on the defense and disallowed if by the offense
- x) Goal Tending- Points are awarded if on the defense and points are disallowed if on offense. It is also a technical foul if the defense goaltends on a free throw.
- xi) A player cannot excessively swing his or her elbows.
 - 1) No contact- A violation
 - 2) A player may extend arms or elbows to hold the ball under the chin or against body without being considered as having swung the elbows.