

BASKETBALL RULES SUMMARY

Rule 8: Free Throw

- 1 The administering official is to bounce the ball to the free thrower for a free throw (FT).
- 2 Once the bounced ball is caught by the free thrower, either team may be guilty of a violation.
- 3 When a FT follows a timeout or an intermission, the resumption of play procedure is in effect.
 - a. If the free thrower is not ready (in the semi-circle), then the official should sound his whistle and place the ball on the floor.
 - b. If the opponents are not ready, the administering official is to sound his whistle and bounce the ball to the free thrower. A delayed dead ball violation is now in effect (and should be signaled), if the free throw is missed, a substitute throw is awarded. This is because it is required for Team B players to occupy the first marked lane spaces.
 - c. If either team violates for a second time, a technical foul will be charged to that team.
- 4 If the ball is to remain dead after the last awarded free throw, no players are allowed along the lane lines. If the last awarded free throw is to remain live, opponents of the shooter must occupy the first two lane spaces. A maximum of 6 players are allowed along the lane lines and no more than two players that are teammates of the shooter. Any player beside the shooter not occupying a marked lane space must be behind the FT line-extended & the 3-point arc.
- 5 If a player is fouled and FTs are to be awarded, the FTs must be attempted by the player that was fouled unless that player must withdraw because of an injury or due to disqualification. If either of the above is the case, an eligible substitute for that player must attempt all FTs. If there are no eligible substitutes remaining, the FTs may be attempted by any player of that team so designated by the captain or the head coach.
- 6 Technical FTs may be attempted by any player or eligible substitute. The designated player may attempt some or all FTs. The designation is made by the captain or head coach.
- 7 The free throw try must be made within 10 seconds of the ball being at the disposal of the free thrower (subsequently, this is when the ball becomes alive on a free throw).
- 8 Once the ball is at the disposal of the free thrower, only the team that is attempting a FT may request (and be granted) a time out.
- 9 If the last FT is unsuccessful with players along the lane, the ball stays live when the FT is missed.
- 10 If the last FT is successful when players are along the lane, the ball becomes dead when it passes through the ring. An end line throw-in will follow by any member of Team B.
- 11 If players are not allowed to occupy lane spaces one of the following has occurred.
 - a) Technical Foul Shots: Inbounds spot is division line opposite table.
 - b) Intentional Foul Shots: Inbounds spot is the out of bounds spot nearest foul.
 - c) Flagrant Foul Shots: Inbounds spot is the out of bounds spot nearest foul.

12 Penalties for fouls are administered in the order in which the fouls have occurred.