

## BASKETBALL RULES SUMMARY

### Rule 1 Court & Equipment

- 1 The **playing court** shall be free from obstructions and 84' x 50'. Some local courts are longer
- 2 The court shall be marked with sidelines & endlines. Inside edges are out of bounds.
- 3 The court should have a minimum of 3' from the sideline or endline to an obstruction that is out of bounds. However, if it does not and a throw in is necessary from that spot, back the defender up a minimum of three feet and that becomes the new restraining line.
- 4 **Division line** is 2" wide and is to run from sideline to sideline (it cannot be broken, but may be shadowed—usually in the case of a center court logo).
- 5 **The center circle** has a 6' radius and the spaces around the circle for non-jumpers are 36" deep.
- 6 **Three point line** is 19' 9" semi-circle on each end of the court to a point directly under the center of the basket. It is to be the same color as the free throw lane boundary lines.
- 7 **Free Throw Lane:** There are four marked spaces on each lane line. Only the last three spaces can be occupied when a FT is awarded. A maximum of four (4) B players may be along the lane lines and a maximum of two (2) A players may be along these lines. When the lane is to be occupied, the first two lane spaces must be occupied by B.
- 8 **Backboards:** Must be the same shape and size at each end of the court
  - a) Rectangle: 6' x 4'
  - b) Rectangle: 6' x 3 1/2'
  - c) Fan Shaped: 54" Wide

Backboards are to be transparent or white. If transparent, the box is to be white; if the backboard is white, the box is to be black or a bright orange. There can be no logos, markings or lettering on the backboard, backboard padding or basket.

**Backboard Padding**-Must cover the bottom surface and up the side 15". It shall be of a single color and is to have the same color on both ends.
- 9 **Basket:** A single metal ring 18" inside diameter and bright orange in color. It shall have a #12 mesh-120-144 thread white net that is 15"-18" long. The basket is to be attached to the backboard with a ring restraining device. The ring can be of the moveable variety.
- 10 **Ball:** Shall be of an orange shade or natural color.
  - a) Girls: 28 1/2" to 29" in circumference-18-20 ounces
  - b) 29 1/2" to 30" in circumference-20 to 22 ounces

When inflated properly the ball will rebound 49"-54" when dropped from 6'. The home team is to provide a game ball, if none are acceptable obtain a ball from the visiting team.

- 11 **Team Bench:** Designated by game management. Warm ups are opposite team bench for 1<sup>st</sup> half and at team bench for 2<sup>nd</sup> half. The bench area is an imaginary rectangle formed by the boundaries of the sideline, end line and an imaginary line extended from the free throw lane line nearest the bench area to an imaginary line extended from the coaching box line.
- 12 **Coaching Box:** Begins at the 28' foot mark (28' from the end line) and extends no more than 14' toward the endline. It is entirely out of bounds. You may use tape to mark this if not marked on the court.
- 13 **Supplemental Red Light on the Backboard:** It is recommended but not mandatory. It does not indicate the end of a period. The horn does (and 0:00.0 on the clock does too).
- 14 **Game Clock and Scoreboard** are mandatory. Auxillary timing device (stopwatch) @ table is recommended.
- 15 **Possession Arrow:** This MUST be kept by the scorers and is to be visible at the table.
- 16 **Music/Sound Effect and Noise Makers:** This is only permitted during pre-game, time outs, intermissions and post-game.
- 17 **Pep Bands:** They can only play before the game, at half-time and after the game.